

SCLERAL LENS CARE ESSENTIALS

CLEANING, DISINFECTION, AND STORAGE SOLUTIONS



- Solutions are available for purchase in most pharmacies and grocery stores, online, or through some offices.
- Manually rubbing lenses with fingers prior to storage is essential to remove deposits from the lens surface.
- Rinse residual solution off the lens with saline prior to application. Do not use tap or distilled water on the lenses.
- Replace the case each time a new bottle of solution is opened (every ~3 months).
- These solutions are compatible with Tangible Hydra-PEG

APPLICATION SOLUTIONS



- Solution used to fill scleral lens bowl must be preservative free to avoid toxicity.
- LacriPure (Menicon), ScleralFil (Bausch + Lomb), Nutrifill (Contamac), and Vibrant Vue (Visionary Optics) are FDA approved for scleral use.
- Addipak 0.9% NaCl and PuriLens Plus are acceptable for scleral use but considered an off-label use.

ADDITIONAL CARE

If lenses deposit heavily with lipids (oil) or proteins, additional cleaners (MiraFlow, Sereine, or Progent) may be used. These cleaners must be rinsed off thoroughly with saline or scleral filling solution before lens application. These products are not compatible with Tangible Hydra-PEG. Tangible Boost is a prescription-only conditioning solution that restores and maintains the Hydra-PEG coating on lenses initially coated with Tangible Hydra-PEG.



Scleral Lens
Training Video



GRANITE POINTE EYE CARE INC.



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MY SCLERAL LENS ESSENTIALS

Application & Removal

- ☐ DMV Scleral Cup
- ☐ DMV Vented Scleral Cup
- ☐ EZI Applicator Ring
- ☐ See Green Plunger Stand
 - ☐ With light
- ☐ DMV Ultra Remover
- ☐ Other device: _____

Replace plungers every:

Clean application tools with:

Filling Solutions

Preservative-Free
ONLY!

- ☐ LacriPure
- ☐ NutriFill
- ☐ Purilens
- ☐ ScleralFil
- ☐ Addipak
- ☐ Preservative-free tears: _____
- ☐ Other: _____



Handling Tips

- Use only moisturizer-free hand soaps
- Place a lint-free towel over your workspace
- Use a rubber catch mat in your sink

Mid-Day Re-Application?

- ☐ Every _____ hours
- ☐ Only if needed

Rinsing Solutions

- ☐ Preservative-free saline
- ☐ Other: _____

Remove lenses before using prescription eye drops.

"Rub" Cleaning

- ☐ Boston SIMPLUS
- ☐ MiraFlow
- ☐ Tangible Clean
- ☐ Unique pH
- ☐ Other: _____

Disinfection/Storage

- ☐ Boston SIMPLUS
- ☐ Clear Care Triple Action
- ☐ Tangible Clean
- ☐ Unique pH
- ☐ Other: _____

Disinfection Cases

- ☐ Use standard screw-top case
- ☐ Use Clear Care "basket" case
- ☐ Use PROSE disinfection case
- Clean case: _____
- Replace case: _____

My lenses are:

- ☐ Coated with Hydra-PEG
- ☐ Plasma treated
- Diameter: _____ mm
- Brand: _____



Water Safety Tips

Do not rinse with water.
Remove lenses before showering or swimming.
Never store lenses in water or preservative-free saline.

When not in use:

- ☐ Store lenses dry
- ☐ Store lenses wet: _____
- Disinfect lenses before next use*

PLEASE BRING ALL OF YOUR SOLUTIONS AND PRODUCTS TO YOUR FOLLOW UP APPOINTMENTS

NOTES



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